

Amendments to the Claims

Claim 1-5 (canceled)

Claim 6 (currently amended) ~~The exercise device of claim 1;~~ An exercise device comprising: a platform greater than the size of the footprint of a foot having a bottom surface; means for securing at least one foot to the platform, wherein the said means for securing at least one foot to the said platform comprises a foot plate attached to the said platform and at least one strap to secure a foot to the said foot plate; and a fulcrum capable of contacting and holding the bottom surface of the platform, wherein the fulcrum can contact the platform anywhere along the bottom surface of the platform to provide a static fulcrum about which the platform pivots.

Claim 7-15 (canceled)

Claim 16 (previously presented) An exercise device comprising: a transparent acrylic platform greater than the size of the footprint of a foot having a bottom surface; means for securing at least one foot to the platform; a rubber-like fulcrum adhesively contacting and holding the bottom of the platform; and indicia on said platform to direct placement of said fulcrum on said bottom surface of said platform, wherein the fulcrum can contact the platform anywhere along the bottom surface of the platform.

Claim 17 (new) An exercise device comprising: a transparent, acrylic platform greater than the size of the footprint of a foot having a bottom surface; means for securing at least one foot to the platform; and a rubber-like fulcrum adhesively contacting and holding the bottom of the platform, wherein the fulcrum can contact the platform anywhere along the bottom surface of the platform to provide a static fulcrum about which the platform pivots.